

Add beauty
Inspirations



The invisible painting

What you see when you are looking at a painting is just the top of the iceberg...

A painting that is created in a total presence, in a flow of creation, brings this into the visible world. It is as if the painter is unfolding what want to be created. He is there to give form to a creative impulse, from another dimension, passing through him.



My painting DREAM 100x100cm

Around the painting you see exists, like a cloud, the soul

of the painting, its essence...a vibrating presence...

That is the huge difference between a decoration and a painting. A painting is more than only paint and canvas. It has an inner energy. It vibrates! That's why also the motif is less important than the energy it radiates. The motif is only there as a support, bringing something deeper into the world.

Our mind doesn't have the capacity to understand this.
We can only feel it, deep inside, when we stop for a moment and receive the energy, when we listen to its silent messages.
A painting can activate and give energy to a space.
That's why art is so important in our life.
We can through the artwork, reconnect to our own essence and more align with ourselves and we can connect to the life force to find more inspirations in our life.

I love this poem of my father reflecting on this:

"The image is both what you see and what you don't see
Like a cloud around the image lies the omitted
That which the eyes do not see but which is the depth of the picture
Its inner voice...
All that is also but not seen
It's also the picture
It's also your thoughts
That's why art is like man:
It has both body and soul woven together -
The image you see and the image you don't see
But which you create yourself but together with the painter
who held the brush"

*« Bilden är både det du ser och det du inte ser
Som et moln ligger runt bilden det utelämnade
Det som inte ögonen ser men som är bildens djup
Dess inre röst...
Allt det som också är men som inte syns
Det är också bilden
Det är ju också dina tankar
Därför är konst som människan:
Den har både kropp och själ vävda samman -
Bilden du ser och bilden du inte ser
Men som du skapar själv men tillsammans med målaren
som ju höll i penseln"*



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